

*Metamorphosis Counseling Services*

6601 Memorial Highway, Suite 108  
Tampa, FL 33615  
(813) 407-9550

**CLIENT HISTORY AND INFORMATION**

**Basic Information:**

<b>Patient Name:</b>		<b>Date:</b>	
<b>Last 4 digits of your Security Number:</b>		<b>Date of Birth:</b>	
<b>Ethnicity:</b>		<b>Gender Identity:</b> <input type="checkbox"/> Male <input type="checkbox"/> Female	
		<b>Sexual Orientation Identity:</b>	
<b>Home Address:</b>		<b>Email Address:</b>	
<b>Mobile Phone Number</b> _____	<b>Work Phone Number</b> _____	<b>Home Phone Number</b> _____	
May we leave a message? <input type="checkbox"/> Yes <input type="checkbox"/> No	May we leave a message? <input type="checkbox"/> Yes <input type="checkbox"/> No	May we leave a message? <input type="checkbox"/> Yes <input type="checkbox"/> No	
<b>Which best describes your marital status?</b>			
<input type="checkbox"/> Married, Date: _____		<input type="checkbox"/> Separated, Date: _____	
<input type="checkbox"/> Never Married		<input type="checkbox"/> Divorced, Date: _____	
<input type="checkbox"/> Widowed, Date: _____			

**History Information**

Who is providing the history information?:  The patient  The patient's guardian  Other: \_\_\_\_\_

Please describe the current complaint or problem as specifically as you can, in your own words:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

How long have you experienced this problem, or when did you first notice it?:

\_\_\_\_\_

What stressors may have contributed to the current complaint or problem?:

\_\_\_\_\_

**Previous Treatment**

Have you received or participated in previous counseling and/or therapy?:  Yes  No

If so, what did you like/dislike about previous treatment?:

\_\_\_\_\_

Have you had hospital stays for psychological concerns?:  Yes  No. If yes, please explain:

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Are you currently experiencing thoughts of harming either yourself or someone else?:  Yes  No. If yes, please explain:

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Have you in the past experienced thoughts of harming either yourself or someone else?:  Yes  No. If yes, please explain:

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Are you currently experiencing visual, auditory or sensory hallucinations?:  Yes  No. If yes, please explain:

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### Developmental History

Are you satisfied at where you are in your life?:  Yes  No

If not, where would you like to be? \_\_\_\_\_

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### Medical History

List any current or important past medications:

Medication	Dosage	Any side effects?:

History of serious childhood illnesses:

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How would you rate your current physical health?

Excellent  
 Very Good

Good  
 Fair

Poor  
 Very Poor

### Family History

Birth Location: \_\_\_\_\_ Raised by:  Mother  Father  Step-Mother  Step-Father  
 Other: \_\_\_\_\_

How would you describe your relationship with parent figures (good, fair, poor, close, distant, etc.):

Mother: \_\_\_\_\_

Step-parent: \_\_\_\_\_

Father: \_\_\_\_\_

Other: \_\_\_\_\_

Any history of neglect, and/or physical, verbal, emotional, spiritual, or sexual abuse?:  Yes  No

If yes, please explain: \_\_\_\_\_

Any family history of substance abuse, mental illness, suicide, or violence?:  Yes  No

If yes, please explain: \_\_\_\_\_

Any Additional Family Information: \_\_\_\_\_

**Social History**

Describe your relationship with peers and/or friends?: \_\_\_\_\_

How would you describe your social support network?: \_\_\_\_\_

Describe your hobbies/interests: \_\_\_\_\_

Describe any cultural concerns: \_\_\_\_\_

**Occupational History**

What is your current employment status?

Employed Full-Time

Unemployed

Student

Employed Part-time

Self-employed

Other

Are you satisfied with your employment?:  Yes  No

If not, why?: \_\_\_\_\_

**Referral Source**

Who referred you to our office, or how did you learn about our practice?: \_\_\_\_\_

**Contact Information**

In case of an emergency, who should we contact?

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Address: \_\_\_\_\_ Phone #: \_\_\_\_\_

**Summarize your goals for counseling/therapy:**

\_\_\_\_\_  
\_\_\_\_\_

What expectations do you have for counseling/therapy?: \_\_\_\_\_

Name 3 things you would like to change about yourself: \_\_\_\_\_

\_\_\_\_\_

What do you consider your strengths to be?: \_\_\_\_\_

What do you consider your weaknesses to be?: \_\_\_\_\_

Is there any additional information that you believe is important for your counselor to know in order to provide you with the best care possible?:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
Printed Name of Client

\_\_\_\_\_  
Signature of Client

\_\_\_\_\_  
Date

\_\_\_\_\_  
Printed Name of Guardian

\_\_\_\_\_  
Signature of guardian

\_\_\_\_\_  
Date